

Our class recital rehearsal plan consisted of many different elements. Through the strategies that were utilized such as warming up, across the floor exercises, and running our dance over and over again we were able to improve our performance. The strategies which were used gave us the ability to do the dance because we were more flexible, had better coordination, and our clarity of movement was much sharper. The video assessments we did helped us improve our dance step by step because we saw what we needed to improve on and incorporated the better movements in our dance. All of our class made one big picture which reiterates our theme of building community. We discovered that all of us together could make one dance that highlights every person's individual abilities, but still make one big picture together. The leadership qualities that were demonstrated in this semester and during this piece helped bring shape to our dances. Through commitment, cooperation, respect, and responsibility we were able to create and choreograph our dances and tie in our theme of building community.