

DA-MPR-II-05-T4a,c

Initials

AT

Task 4

Please list 3 personal goals that you would feel could help you in a performance setting:

1. Focusing more on my movements
2. Remembering the message I'm try to get across
3. Move more freely.

What strategies could you employ to achieve these goals?

When practicing before a performance, to always go full out & stretch my movements.

Please describe any personal or group successes you enjoyed during the implementation of this project:

I enjoyed working with my classmates. I mostly enjoyed learning new things and switching the tone of the piece throughout the dance.

Do you feel that you were able to demonstrate leadership throughout the choreographic process? Is there any way that you could have done this more?

Yes. I do feel as if I demonstrated leadership. I could have suggested more while working with others.

What practices do you feel helped you to be successful in performance?

The practices that I felt were most helpful, was when we went through the dance in an open space with plenty of room. I didn't feel bound on stage, stage practices were most helpful.

Would you do anything differently to enhance future performances?

I would work on my flexibility, but also work on setting a better tone during my performance.