

# DA-MPR-II-16-T4a,c

Initials MM

Task 4

Please list 3 personal goals that you would feel could help you in a performance setting:

1. spot better
2. more flexibility
3. emotion throughout

What strategies could you employ to achieve these goals?

Strategies that could help me achieve these goals are stretching everyday, practice spotting myself in the mirror, and practice faces in the mirror.

Please describe any personal or group successes you enjoyed during the implementation of this project:

I enjoyed creating a story with my group throughout the dance

Do you feel that you were able to demonstrate leadership throughout the choreographic process? Is there any way that you could have done this more?

yes I showed leadership throughout the process because I always had ideas to offer. I could have shown more by offering more direction to the group.

What practices do you feel helped you to be successful in performance?

Practices that helped me be successful in the performance were going over the dance constantly so I didn't forget it

Would you do anything differently to enhance future performances?

To enhance future performances I would do different choses so the audience doesn't see the same thing all the time.