

## REFLECTION WORKSHEET

NAME #05

Reflect upon your own performance in the play. Use critical thinking processes and cite strong evidence.

Reviewing your performance, how well do you feel you achieved what you set-out to do? How well did the choices you made help the audience better understand your character and your character's goals and objectives? How well did the tactics you employed serve to help your character overcome obstacles?

I believe my body movements and emphasis on certain words worked well for the context of the scene. During the performance I felt as though my speed was moderately slower than my usual, which is a good thing, but reviewing it I felt it was too fast. Maybe not the speed was too fast, but the transitions from one idea to another were too fast, or not believable. My body language and use of the ring definitely helped my character express her frustration and confusion.

Consider the audience's reaction to your performance and the critique you received from your peers and teacher. How well did they understand what you were trying to do? How valid do you consider their comments and suggestions to be? How will you adjust your performance to alleviate any confusion they may have had or to compensate for any weaknesses they may have described?

The audience also critiqued the speed at which I was speaking, but they did understand the overall purpose of my actions. I think their comments were extremely valid, and helpful because it was an observation I could not see myself. I think I can adjust my performance by performing on video again, but on my own so I can adjust until I can watch it myself do it at a moderate pace.

What have you learned about your skill level and your use of acting technique through developing this performance and how will this new knowledge be of use to you in the future? What adjustments might you make to this specific performance before performing it again? Have you identified areas of skill and technique in through which your work would benefit from additional focus and training and, if so, what plans do you have to do so?

I've learned that though I am skilled at memorizing my lines, and being able to perform the confidently, I'm not the observer, so I cannot see the critiques that others do. I might take this knowledge and record my own performances so I can be both the performer and the observer, and perfect my skills that way.